

Rim of the Bay Progressive Hike Award

Mount Saint Helena

Jurisdiction: Department of Parks and Recreation, State of California (located in Robert Louis Stevenson State Park)

Hike Length: 11 miles (not recommended for Cub Scouts)

Elevation: 4,343'

Elevation Gain: 1,384'

Maps:

USGS - 7.5 min Mt. St. Helena and Detert Reservoir

AAA - Sonoma and Napa Counties, Bay and River Area, North Bay Counties

Directions:

West Bay:

Cross Golden Gate Bridge to Highway 101. Drive north on 101 to Highway 37 (Black Point cutoff), turn left at second signal onto Highway 121 north. Take right turn onto Highway 121/12 to Highway 29. North on Highway 29 to Calistoga, stay on 29 to Robert Louis Stevenson State Park parking lot.

East Bay:

Highway 880 to 580 to Highway 80. Cross Carquinez Bridge. Stay on 80 to Highway 37 just above fairgrounds. On 37 to Highway 29. Turn left at Suscol Creek to Highway 29 west. On Highway 29 proceed as above.

Highway 680 cross Benecia Bridge. Turn left onto Highway 780 to Vallejo. Turn right onto Highway 80 and proceed as above.

Camping:

There are camping facilities at Bothe-Napa Valley State Park approximately 15 miles from the parking lot at Robert Louis Stevenson State Park. There are group camping facilities which can accommodate 30 people (\$22), and family camps which accommodate eight people and one car per campsite (\$12 per night). Reservation is recommended (you may make reservations up to 7 months prior to your arrival date). Phone: 707-942-4575. [Online reservations](#)

Trail:

Trail leads fro the parking lot and intersects a fire road that leads to the summit. This is the highest peak in the San Francisco Bay area.

From Mt. Mill House Camp, hike from the camp dining hall up the old stage road (fire road). Prior to reaching the highway, another fire road leads to the parking lot at Robert L. Stevenson Park. Continue as described above. The additional distance and elevation gained from the camp is 1.3 miles and 916 feet.

Robert Louis Stevenson State Park

Calistoga CA 94515

707/942-5370

NOTE: Some of the information in these descriptions, especially information about camping, may be quite dated. You should contact the appropriate agency to get the most current information.

Information taken from:

Rim of the Bay Program Booklet

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Boy Scouts of America

1001 Davis St

San Leandro, CA 94577-1514

510/577-9000

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